2. Simplicity

Clutter is the disease of American writing. We are a society strangling in unnecessary words, circular constructions, pompous frills and meaningless jargon.

Who can understand the viscous language of everyday American commerce and enterprise: the business letter, the interoffice memo, the corporation report, the notice from the bank explaining its latest "simplified" statement? What member of an insurance or medical plan can decipher the brochure that tells him what his costs and benefits are? What father or mother can put together a child's toy—on Christmas Eve or any other eve—from the instructions on the box? Our national tendency is to inflate and thereby sound important. The airline pilot who announces that he is presently anticipating experiencing considerable precipitation wouldn't dream of saying that it may rain. The sentence is too simple—there must be something wrong with it.

But the secret of good writing is to strip every sentence to its cleanest components. Every word that serves no function, every long word that could be a short word, every adverb that carries the same meaning that's already in the verb, every passive construction that leaves the reader unsure of who is doing what—these are the thousand and one adulterants that weaken the strength of a sentence. And they usually occur, ironically, in proportion to education and rank.

During the late 1960s the president of a major university [end of page 7] wrote a letter to mollify the alumni after a spell of campus unrest. "You are probably aware," he began, "that we have been experiencing very considerable potentially explosive expressions of dissatisfaction on issues only partially related." He meant that the students had been hassling them about different things. I was far more upset by the president's English than by the students' potentially explosive expressions of dissatisfaction. I would have preferred the presidential approach taken by Franklin D. Roosevelt when he tried to convert into English his own government's memos, such as this blackout order of 1942:

Such preparations shall be made as will completely obscure all Federal buildings and non-Federal buildings occupied by the Federal government during an air raid for any period of time from visibility by reason of internal or external illumination.
"Tell them," Roosevelt said, "that in buildings where they have to keep the work going to put something across the windows."

Simplify, simplify. Thoreau said it, as we are so often reminded, and no American writer more consistently practiced what he preached. Open *Walden* to any page and you will find a man saying in a plain and orderly way what is on his mind:

I love to be alone. I never found the companion that was so companionable as solitude. We are for the most part more lonely when we go abroad among men than when we stay in our chambers. A man thinking or working is always alone, let him be where he will. Solitude is not measured by the miles of space that intervene between a man and his fellows. The really diligent student in one of the crowded hives of Cambridge College is as solitary as a dervish in the desert. [end of page 8]

How can the rest of us achieve such enviable freedom from clutter? The answer is to clear our heads of clutter. Clear thinking becomes clear writing: one can't exist without the other. It is impossible for a muddy thinker to write good English. He may get away with it for a paragraph or two, but soon the reader will be lost, and there is no sin so grave, for he will not easily be lured back.

Who is this elusive creature the reader? He is a person with an attention span of about twenty seconds. He is assailed on every side by forces competing for his time: by newspapers and magazines, by television and radio, by his stereo and videocassettes, by his wife and children and pets, by his house and his yard and all the gadgets that he has bought to keep them spruce, and by that most potent of competitors, sleep. The man snoozing in his chair with an unfinished magazine open on his lap is a man who was being given too much unnecessary trouble by the writer.

It won't do to say that the snoozing reader is too dumb or too lazy to keep pace with the train of thought. My sympathies are with him. If the reader is lost, it is generally because the writer has not been careful enough to keep him on the path.

This carelessness can take any number of forms. Perhaps a sentence is so excessively cluttered that the reader, hacking his way through the verbiage, simply doesn't know what it means. Perhaps a sentence has been so shoddily constructed that the reader could read it in any of several ways. Perhaps the writer has switched pronouns in mid-sentence, or has switched tenses, so the reader loses track of who is talking or when the action took place. Perhaps Sentence B is not a logical sequel to Sentence A—the writer, in whose head the connection is clear, has not bothered to provide the missing link. Perhaps the writer has used an important word incorrectly by not taking the trouble to look it up. He may think [end of page 9] that "sanguine" and "sanguinary" mean the same thing, but the difference is a bloody big one. The reader can only infer (speaking of big differences) what the writer is trying to imply.
already been rewritten and retyped—like almost every other page—four or five times. With each rewrite I try to make what I have written tighter, stronger and more precise, eliminating every element that is not doing useful work, until at last I have a clean copy for the printer. Then I go over it once more, reading it aloud, and am always amazed at how much clutter can still be profitably cut.

Faced with these obstacles, the reader is at first a remarkably tenacious bird. He blames himself—he obviously missed something, and he goes back over the mystifying sentence, or over the whole paragraph, piecing it out like an ancient rune, making guesses and moving on. But he won't do this for long. The writer is making him work too hard, and the reader will look for one who is better at his craft. The writer must therefore constantly ask himself: What am I trying to say? Surprisingly often, he doesn't know. Then he must look at what he has written and ask: Have I said it? Is it clear to someone encountering the subject for the first time? If it's not, it is because some fuzz has worked its way into the machinery. The clear writer is a person clear-headed enough to see this stuff for what it is: fuzz.

I don't mean that some people are born clear-headed and are therefore natural writers, whereas others are naturally fuzzy and will never write well. Thinking clearly is a conscious act that the writer must force upon himself, just as if he were embarking on any other project that requires logic: adding up a laundry list or doing an algebra problem. Good writing doesn't come naturally, though most people obviously think it does. The professional writer is forever being bearded by strangers who say that they'd like to "try a
little writing sometime" when they retire from their real profession. Or they say, "I could write a book about that." I doubt it.

Writing is hard work. A clear sentence is no accident. Very few sentences come out right the first time, or even the third time. Remember this as a consolation in moments of despair. If you find that writing is hard, it's because it is hard. It's one of the hardest things that people do. [end of page 12]

3. Clutter

Fighting clutter is like fighting weeds—the writer is always slightly behind. New varieties sprout overnight, and by noon they are part of American speech. John Dean holds the record. In just one day of testimony on TV during the Watergate hearings he raised the clutter quotient by 400 percent. The next day everyone in America was saying "at this point in time" instead of "now."

Consider all the prepositions that are routinely draped onto verbs that don't need any help. Head up. Free up. Face up to. We no longer head committees. We head them up. We don't face problems anymore. We face up to them when we can free up a few minutes. A small detail, you may say—not worth bothering about. It is worth bothering about. The game is won or lost on hundreds of small details. Writing improves in direct ratio to the number of things we can keep out of it that shouldn't be there. "Up" in "free up" shouldn't be there. Can we picture anything being freed up? The writer of clean English must examine every word that he puts on paper. He will find a surprising number that don't serve any purpose.

Take the adjective "personal," as in "a personal friend of mine," "his personal feeling" or "her personal physician." It is typical of the words that can be eliminated nine times out of ten. The personal friend has come into the language to distinguish him from the business friend, thereby debasing not only language but friendship. Someone's feeling is his personal feeling—that's what "his" means. As for the personal physician, he is that man summoned to the dressing room of a stricken actress so that she won't have to be treated by the impersonal physician assigned to the theater. Someday I'd like to see him identified as "her doctor." Physicians are physicians, friends are friends. The rest is clutter.

Clutter is the laborious phrase which has pushed out the short word that means the same thing. These locutions are a drag on energy and momentum. Even before John Dean gave us "at this point in time," people had stopped saying "now." They were saying "at the present time," or "currently," or "presently" (which means "soon"). Yet the idea can always be expressed by "now" to mean the immediate moment ("Now I can see him"), or by "today" to mean the historical present ("Today prices are high"), or simply by the verb "to be" ("It is raining"). There is no need to say, "At the present time we are experiencing precipitation."
Speaking of which, we are experiencing considerable difficulty getting that word out of the language now that it has lumbered in. Even your dentist will ask if you are experiencing any pain. If he were asking one of his own children he would say, "Does it hurt?" He would, in short, be himself. By using a more pompous phrase in his professional role he not only sounds more important; he blunts the painful edge of truth. It is the language of the airline stewardess demonstrating the oxygen mask that will drop down if the plane should somehow run out of air. "In the extremely unlikely possibility that the aircraft should experience such an eventuality," she begins—a phrase so oxygen-depriving in itself that we are prepared for any disaster, and even gasping death shall lose its sting. As for her request to "kindly extinguish all smoking materials," I often wonder what materials are smoking. Maybe she thinks my coat and tie are on fire. [End of page 14]

Clutter is the ponderous euphemism that turns a slum into a depressed socioeconomic area, a salesman into a marketing representative and garbage collectors into waste disposal personnel. In New Canaan, Connecticut, the incinerator is now the "volume reduction unit." I think of Bill Mauldin's cartoon showing two hoboes riding a freight train. One of them says, "I started as a simple bum, but now I'm hard-core unemployed."

Clutter is the official language used by the American corporation—in its news release and its annual report—to hide its mistakes. When a big company recently announced that it was "decentralizing its organizational structure into major profit-centered businesses" and that "corporate staff services will be realigned under two senior vice-presidents" it meant that it had had a lousy year.

Clutter is the language of the interoffice memo ("The trend to mosaic communication is reducing the mean-ingfulness of concern about whether or not demographic segments differ in their tolerance of periodicity") and the language of computers ("Congruent command paradigms explicitly represent the semantic oppositions in the definitions of the commands to which they refer").

Clutter is the language of the Pentagon throwing dust in the eyes of the populace by calling an invasion a "reinforced protective reaction strike" and by justifying its vast budgets on the need for "credible second-strike capability" and "counterforce deterrence." How can we grasp such vaporous double-talk? As George Orwell pointed out in "Politics and the English Language," an essay written in 1946 but cited frequently during the Vietnam and Cambodia years of Johnson and Nixon, "In our time, political speech and writing are largely the defense of the indefensible. . . . Thus political language has to consist largely of euphemism, question-begging and sheer cloudy vagueness." Orwell's [end of page 15] warning that clutter is not just a nuisance but a deadly tool came true in America in the 1960s.

In fact, the art of verbal camouflage reached new heights of invention during General Alexander Haig's tenure as Secretary of State in the Reagan administration. Before Haig nobody had ever thought of saying "at this juncture of maturation" to mean "now." He told the American people that he saw "improved pluralization" in El Salvador, that
terrorism could be fought with "meaningful sanctionary teeth" and that intermediate nuclear missiles were "at the vortex of cruciality." As for any worries that the public might have about such matters, his message—reduced to one-syllable words—was "leave it to Al." What he actually said was, "We must push this to a lower decibel of public fixation. I don't think there's much of a learning curve to be achieved in this area of content."

I could go on quoting examples from various fields—every profession has its growing arsenal of jargon to fire at the layman and hurl him back from its walls. But the list would be depressing and the lesson tedious. The point of raising it now is to serve notice that clutter is the enemy, whatever form it takes. It slows the reader and robs the writer of his personality, making him seem pretentious.

Beware, then, of the long word that is no better than the short word: "numerous" (many), "facilitate" (ease), "individual" (man or woman), "remainder" (rest), "initial" (first), "implement" (do), "sufficient" (enough), "attempt" (try), "referred to as" (called), and hundreds more. Beware, too, of all the slippery new fad words for which the language already has equivalents: overview and quantify, paradigm and parameter, infrastructure and interface, private sector and public sector, optimize and maximize, prioritize and potent-ialize. They are all weeds that will smother what you write. Nor are all the weeds so obvious. Just as insidious are the little growths of perfectly ordinary words with which we explain how we propose to go about our explaining, or which inflate a simple preposition or conjunction into a whole windy phrase.

"I might add," "It should be pointed out," "It is interesting to note that"—how many sentences begin with these dreary clauses announcing what the writer is going to do next? If you might add, add it. If it should be pointed out, point it out. If it is interesting to note, make it interesting. Being told that something is interesting is the surest way of tempting the reader to find it dull; are we not all stupefied by what follows when someone says, "This will interest you"? As for the inflated prepositions and conjunctions, they are the innumerable phrases like "with the possible exception of" (except), "due to the fact that" (because), "he totally lacked the ability to" (he couldn't), "until such time as" (until), "for the purpose of" (for).

Is there any way to recognize clutter at a glance? Here's a device I used at Yale that students found helpful. I would put brackets around any component in a piece of writing that wasn't doing useful work. Often it was just one word that got bracketed: the unnecessary preposition appended to a verb ("order up"), or the adverb that carries the same meaning as the verb ("smile happily"), or the adjective that states a known fact ("tall skyscraper"). Often my brackets surrounded the little qualifiers that weaken any sentence they inhabit ("a bit," "sort of") or the announcements like "I'm tempted to say." Sometimes my brackets surrounded an entire sentence—the one that essentially repeats what the previous sentence said, or that tells the reader something he doesn't need to know or can figure out for himself. Most people's first drafts can be cut by 50 percent—they're swollen with words and phrases that do no new work whatever.
My reason for bracketing the extra words instead of crossing them out was to avoid violating the sentence. I wanted to leave it intact for the student to analyze. I was saying, "I [end of page 17] may be wrong, but I think this can be deleted and the meaning won't be affected at all. But you decide: read the sentence without the bracketed material and see if it works." In the early weeks of the term I gave back papers that were infested with brackets. Entire paragraphs were bracketed. But soon the students learned to put mental brackets around their own clutter, and by the end of the term their papers were almost clean. Today many of those students are professional writers and they tell me, "I still see your brackets—they're following me through life."

You can develop the same eye. Look for the clutter in your writing and prune it ruthlessly. Be grateful for everything you can throw away. Re-examine each sentence that you put on paper. Is every word doing new work? Can any thought be expressed with more economy? Is anything pompous or pretentious or faddish? Are you hanging on to something useless just because you think it's beautiful?

Simplify, simplify. [End of page 18]

4. Style

So much for early warnings about the bloated monsters that lie in ambush for the writer trying to put together a clean English sentence.

"But," you may say, "if I eliminate everything that you think is clutter and strip every sentence to its barest bones, will there be anything left of me?"

The question is a fair one and the fear entirely natural. Simplicity carried to its extreme might seem to point to a style where the sentences are little more sophisticated than "Dick likes Jane" and "See Spot run."

I'll answer the question first on the level of mere carpentry. Then I'll get to the larger issue of who the writer is and how to preserve his or her identity.

Few people realize how badly they write. Nobody has shown them how much excess or murkiness has crept into their style and how it obstructs what they are trying to say. If you give me an article that runs to eight pages and I tell you to cut it to four, you'll howl and say it can't be done. Then you will go home and do it, and it will be infinitely better. After that comes the hard part: cutting it to three. The point is that you have to strip down your writing before you can build it back up. You must know what the essential tools are and what job they were designed to do. If I may labor the metaphor of carpentry, it is first necessary to be able to saw wood neatly and to drive nails. Later you can [end of page 19] bevel the edges or add elegant finials, if that is your taste. But you can never forget that you are practicing a craft that is based on certain principles. If the nails are weak, your house will collapse. If your verbs are weak and your syntax is rickety, your sentences will fall apart.
I'll admit that various nonfiction writers like Tom Wolfe and Norman Mailer have built some remarkable houses. But these are writers who spent years learning their craft, and when at last they raised their fanciful turrets and hanging gardens, to the surprise of all of us who never dreamed of such ornamentation, they knew what they were doing. Nobody becomes Tom Wolfe overnight, not even Tom Wolfe.

First, then, learn to hammer in the nails, and if what you build is sturdy and serviceable, take satisfaction in its plain strength.

But you will be impatient to find a "style"—to embellish the plain words so that readers will recognize you as someone special. You will reach for gaudy similes and tinsel-adjectives, as if "style" were something you could buy at a style store and drape onto your words in bright decorator colors. (Decorator colors are the colors that decorators come in.) Resist this shopping expedition: there is no style store.

Style is organic to the person doing the writing, as much a part of him as his hair, or, if he is bald, his lack of it. Trying to add style is like adding a toupee. At first glance the formerly bald man looks young and even handsome. But at second glance—and with a toupee there is always a second glance—he doesn't look quite right. The problem is not that he doesn't look well groomed; he does, and we can only admire the wigmaker's almost perfect skill. The point is that he doesn't look like himself.

This is the problem of the writer who sets out deliberately to garnish his prose. You lose whatever it is that makes you unique. The reader will usually notice if you are putting on airs. He wants the person who is talking to him to sound genuine. Therefore a fundamental rule is: be yourself.

No rule, however, is harder to follow. It requires the writer to do two things which by his metabolism are impossible. He must relax and he must have confidence.

Telling a writer to relax is like telling a man to relax while being prodded for a possible hernia, and, as for confidence, he is a bundle of anxieties. See how stiffly he sits, glaring at the paper or the screen that awaits his words, chewing the eraser on the pencil that is so sharp because he has sharpened it so many times. A writer will do anything to avoid the act of writing. I can testify from my newspaper days that the number of trips made to the water cooler per reporter-hour far exceeds the body's known need for fluids.

What can be done to put the writer out of these miseries? Unfortunately, no cure has yet been found. I can only offer the consoling thought that you are not alone. Some days will go better than others; some will go so badly that you will despair of ever writing again. We have all had many of these days and will have many more.

Still, it would be nice to keep the bad days to a minimum, which brings me back to the matter of trying to relax.
As I said earlier, the average writer sets out to commit an act of literature. He thinks that his article must be of a certain length or it won't seem important. He thinks how august it will look in print. He thinks of all the people who will read it. He thinks that it must have the solid weight of authority. He thinks that its style must dazzle. No wonder he tightens: he is so busy thinking of his awesome responsibility to the finished article that he can't even start. Yet he vows to be worthy of the task, and, casting about for heavy phrases that would never occur to him if he weren't trying so hard to make an impression, he plunges in. Paragraph 1 is a disaster—a tissue of ponderous generalities [end of page 21] that seem to have come out of a machine. No person could have written them. Paragraph 2 is not much better. But Paragraph 3 begins to have a somewhat human quality, and by Paragraph 4 the writer begins to sound like himself. He has started to relax.

It's amazing how often an editor can simply throw away the first three or four paragraphs of an article and start with the paragraph where the writer begins to sound like himself. Not only are the first few paragraphs hopelessly impersonal and ornate; they also don't really say anything. They are a self-conscious attempt at a fancy introduction, and none is necessary.

A writer is obviously at his most natural and relaxed when he writes in the first person. Writing is, after all, a personal transaction between two people, even if it is conducted on paper, and the transaction will go well to the extent that it retains its humanity. Therefore I urge people to write in the first person—to use "I" and "me" and "we" and "us." They usually put up a fight.

"Who am I to say what I think?" they ask. "Or what I feel?"

"Who are you not to say what you think?" I reply. "There's only one you. Nobody else thinks or feels in exactly the same way."

"But no one cares about my opinions," they say. "It would make me feel conspicuous."

"They'll care if you tell them something interesting," I say, "and tell them in words that come naturally."

Nevertheless, getting writers to use "I" is seldom easy. They think they must somehow earn the right to reveal their emotions or their deepest thoughts. Or that it's egotistical. Or that it's undignified—a fear that hobbles the academic world. Hence the professorial use of "one" ("One finds oneself not wholly in accord with Dr. Maltby's view of the human condition") and of the impersonal "it is" ("It is to be [end of page 22] hoped that Professor Felt's essay will find the wider audience it most assuredly deserves"). I don't want to meet "one"—he's a boring guy. I want a professor with a passion for his subject to tell me why it fascinates him.

I realize that there are vast regions of writing where "I" is not allowed. Newspapers don't want "I" in their news stories; many magazines don't want it in their articles; businesses and institutions don't want it in the annual reports and pamphlets that they send so
profusely into the American home. Colleges don't want "I" in their term papers or dissertations, and English teachers in elementary and high schools have been taught to discourage any first-person pronoun except the literary "we" ("We see in Melville's symbolic use of the white whale . . .").

Many of these prohibitions are valid. Newspaper articles should consist of news, reported as objectively as possible. And I sympathize with teachers who don't want to give students an easy escape into opinion—"I think Hamlet was stupid"—before the students have grappled with the discipline of assessing a work on its merits and on external sources. "I" can be a self-indulgence and a cop-out.

Still, we have become a society fearful of revealing who we are. We have evolved a national language of impersonality. The institutions that seek our support by sending us their brochures tend to sound remarkably alike, though surely all of them—hospitals, schools, libraries, museums—were founded and are still sustained by men and women with different dreams and visions. Where are these people? It is hard to glimpse them among all the passive sentences that say "initiatives were undertaken" and "priorities have been identified."

Even when "I" is not permitted, it's still possible to convey a sense of I-ness. James Reston, for instance, doesn't use "I" in his columns; yet I have a good idea of what kind of person he is, and I could say the same of other essayists and [end of page 23] reporters. Good writers are always visible just behind their words. If you aren't allowed to use "I," at least think "I" while you write, or write the first draft in the first person and then take the T's out. It will warm up your impersonal style.

Style, of course, is ultimately tied to the psyche, and writing has deep psychological roots. The reasons why we express ourselves as we do, or fail to express ourselves because of "writer's block," are buried partly in the subconscious mind. There are as many different kinds of writer's block as there are kinds of writers, and I have no intention of trying to untangle them here. This is a short book, and my name isn't Sigmund Freud.

But I've noticed a new reason for avoiding "I" that runs even deeper than what is not allowed or what is undignified. Americans are suddenly uncertain of what they think and unwilling to go out on a limb—an odd turn of events for a nation famous for the "rugged individualist." A generation ago our leaders told us where they stood and what they believed. Today they perform the most strenuous verbal feats to escape this fate. Watch them wriggle through television interviews without committing themselves on a single issue.

I remember President Ford trying to assure a group of visiting businessmen that his fiscal policies would work. He said: "We see nothing but increasingly brighter clouds every month." I took this to mean that the clouds were still fairly dark. Ford's sentence, however, was just misty enough to say nothing and still sedate his constituents.
But the true champ is Elliot Richardson, who held four major Cabinet positions in the 1970s—Attorney General and Secretary of Defense, Commerce and H.E.W. It's hard to know even where to begin picking from his vast trove of equivocal statements, but consider this one: "And yet, on balance, affirmative action has, I think, been a qualified success." A thirteen-word sentence with five hedging words. I [end of page 24] give it first prize as the most wishy-washy sentence of the decade, though a close rival would be Richardson's analysis of how to ease boredom among assembly-line workers: "And so, at last, I come to the one firm conviction that I mentioned at the beginning: it is that the subject is too new for final judgments."

That's a firm conviction? Leaders who bob and weave like aging boxers don't inspire confidence—or deserve it. The same thing is true of writers. Sell yourself, and your subject will exert its own appeal. Believe in your own identity and your own opinions. Proceed with confidence, generating it, if necessary, by pure willpower. Writing is an act of ego and you might as well admit it. Use its energy to keep yourself going. [end of page 25]